



My name is Pink

Lesson Overview

Level: A2–B1

Time: 15–25 minutes

Skills: Listening, Reading, Writing and Speaking

Focus: Improves listening and reading comprehension

Theme: Uniqueness, bullying, building self-confidence

Materials: Audio file, printable story and activities

What Learners Will Do

This short, story-based lesson helps A2–B1 learners build confidence in listening and reading comprehension through a real-life narrative about perseverance, fear and overcoming obstacles. Ideal for ESL classes, language lessons, or exam-skills practice.

Ideal For

- ESL/EFL classes
- Reading & Comprehension Lessons
- Substitute or low-prep lessons

Before Listening

Task 1: Look at the image and answer these questions.

1. What do you think the girls are doing in the photo?
2. Why do you think people make these Pinky promises?
3. What do you think the story is about?

Part 1 – Listening for Gist

Task: Choose the correct answer:

1. How does Pink feel about her name?
2. What traditions does her family have about the colour pink?
3. Is Pink bullied about her name?

Part 2 – Listening for Comprehension

Task: Choose the correct answer:

1. Pink wants to change her name.
2. Pink must learn how to overcome bullies and feel proud of who she is.
3. Pink becomes famous for having so many pink things.

Reading & Language Focus

Read the story aloud in pairs or small groups.

1. Highlight any new vocabulary or expressions
2. Match the titles to the paragraphs.
 - A. The History of pink.
 - B. Pink's mum and dad are in love.
 - C. My unusual name.
 - D. Be proud of who you are
 - E. Bullies will always try to bother you.

Hi, my name is Pink. That's right, Pink, just like the colour! The story about my name is kind of [weird](#), you could say. I guess the story goes like this: when my mum was little, her nickname was Pinky because she always made a promise not with a handshake but with pinky fingerstyle.



Over the years when she started dating my dad, the pinky finger secret and the colour pink were a big symbol of their love for each other. Pink flowers, or gifts wrapped up in pink, and anytime they made a promise, they would joke with: "[Pinky promise!](#)" My mum told me the story about my dad asking her to marry him with a beautiful ring with a pink gemstone. She said "yes" with a pinky promise, of course.



Moving forward, 11 years to be exact...it is cool to be called Pink, but I do get bullied a lot and people ask me every day: "Is your name really pink? Also, any gifts I get are usually pink. I have so many pink things, I might get put in the [Guinness Book of World Records!](#)



Going back to the bullying issue, I decided it doesn't really matter if I am called Pink or not, because bullies will always find something to bully about. [Whether](#) it is your clothes, your hair, literally anything, and in my case, my name. So, either I let them get to me or I stay strong and don't let them [bother](#) me. Like my grandma used to say: "[You have to have thick skin in this world and all bad comments are water off of a duck's back.](#)"



Sometimes it just [sucks](#) if you are bullied, but crying and [getting down](#) about it is not going to help.

What I saw online is to think about what makes you special and write those things on **post-it notes** and put them up in your room and **remind** yourself every day how **cool** it is to be you. Make a **collage** all about you, your favourite sports, music, TV shows, foods, subjects and anything that you can think of, and you can add to it as you go along. It really does work and will help you feel better.



So, today in class, the teacher asked us to write about something that's changed in history. I know that the colour pink is not what most people think about when they hear the word history, but you will be surprised about what I found out.



As you might know, in the past, people used to wear darker colours, especially men, because it was to show others they had been in the war. After the war, women started to wear some lighter pastels.

But in fact, people were wearing pink clothes dating back to the 17th century. Pink has been a popular colour for many [centuries](#) and still going strong. The colour pink was worn by both men and women, and it was a symbol of [luxury, and upper class](#).



I also read about how society has decided what colours mean, for example, red for love or power and pink for romance or something only for girls or women, which we know isn't true. Pink is for everyone.

Some of the top fashion designers came out with ads that say: "Real men and boys wear pink!" Nowadays in 2024, Pink is powerful, stands [for women's equality](#), [supports cancer](#), and more...

Think pink is a common term in advertising. It represents youth, females, diversity, and fun! Not to mention Barbie, bubble gum and many things in nature like flamingos, fish or flowers couldn't [survive](#) without being pink!



Did you know that many creatures that are pink [camouflage](#) near flowers, so they won't be eaten? And believe it or not, but there are almost 250 shades of pink and more than 3,000 things in the world that are naturally pink. So pink is here to stay and in the end I am happy that my parents named me Pink!



Checking Understanding

Listening, Speaking & Writing

A. True/False

1. Pink got into a fight with her friend and broke the pinky promise.
2. Pink was given a special name because her mom loved the color pink.
3. Pink's family makes promises "Pinky promise style."
4. Pink had a hard time being bullied but she got over it and is stronger.

B. What do you remember?

1. What kind of gifts did Pink's mum get from her dad?
2. Why does Pink get bullied and what is she doing about it?
3. Name one fact that Pink found out about the history of pink.
4. What is something important animals and insects can do if they are pink?

Speaking/ Writing Extension

1. Imagine you are in Pink's class, and you have to do a school project about something that has changed in history what would you write about and why?